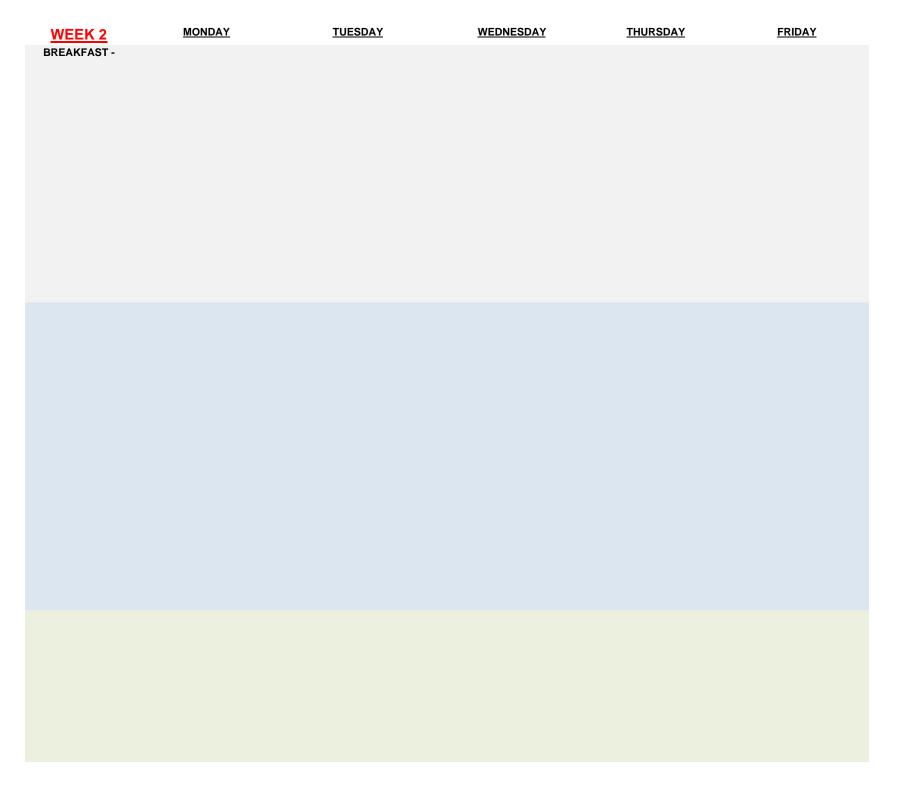
WEEK 1	MONDAY	Whole Grain THESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST - BREAD (iron)		ole Turkey Sausage Gravy rrDAY)Tj 8 Y9 446 £.11(Graist witocup\	/)Tj 8 Y		
Scrambled Eggs 2 oz.	Turkey Sausage Patty 1 each	Scrambled Eggs 1 oz.			
Cantaloupe 4 oz.	Fresh Grapes 4 oz.	Kiwi 4 oz.			
	Beyond Sausage Patty	Biscuit and Gravy 4 oz.			
Milk 1%, 8floz	Milk 1%, 8floz	Milk 1%, 8floz			
lacaroni and Cheese	Turkey TOT-Chos 6oz	Veggie Pizza On Whole			
4 oz. Meatballs 3oz		Grain Crust 1 each			
Whole Wheat Roll 1 each	Steamed Broccoli 4 oz.	Garden Salad 4 ounce Ranch Dressing 1 oz.			
Fresh Broccoli 4 oz.	Fresh Watermelon 4 ounce	Fresh Honeydew 4 ounce			
oles Slices (Applesauce for Toddlers) 4 oz	4 ounce	Low Fat Cottage Cheese 2 oz.			
	2 1/2 oz	Beyond Burger with cheese 1 each Fat Free Cottage Cheese 2 oz. Mayo 1 oz.	Mac and Cheese 4oz Imposible Meatballs 3oz	TOT-Chos 6oz (sub turkey for 4oz black beans)	
	Milk 1%, 8floz	Milk 1%, 8floz	Milk 1%, 8floz	Milk 1%, 8floz	Milk 1%, 8floz
WEEK ONE SNACK					



WEEI	₹3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKF BREAD (AST - Wh	nole Grain Biscuit and Irkey Sausage Gravy 4 oz.	Scambled Eggs 2 Ounce American Cheese Slice 1 each	Hash Browns 2 ounce Scambled Eggs 2 Ounce Whole Wheat bagel 1 Each	Egg Patty and English Muffin Sandwich Style 1 each	Apple Butter with Whole Grain Biscuit 1 each
			Croissant 1 each			

WEEK 4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST - BREAD (iron)	Apple Overnight Oats 3oz	Turkey Sausage, Egg and Cheese Burrito on Wheat Tortilla 4 oz	Scambled Eggs with Cheese 4 oz.	Whole Grain Cherrios 4 oz.	French Whole Grain Toast 1 slice
		Hash Browns 3 oz.	English Muffin 1 each	Fat Free Vanilla Yogurt 2 oz.	Pancake Syrup 1 ounce Turkey Sausuage Links 1 each
FRUIT/VEGETABLE	Fresh Blueberries 4 oz.	Cubed CantalopeETj/TT	Γ4 1 TfEAD (iron) Hp 7 rg40 6 2 11€	3 13002	