

Counseling and Psychological Services (CAPS)

Fiscal Year 2024 Impact Report

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Mission

Counseling and Psychological Services provide accessible, equitable, and high-quality services to all students.

CAPS Services Provided

- **Number of individual appointments attended:** FY24 had **5,899**, which is a **4.34% increase** from FY23 and represents the highest number of appointments attended at CAPS ever.
- **Hours in group therapy:** In FY24, we delivered **381.5 hours** of group therapy, which is a **28.02% decrease** from FY23 (group therapy effectiveness is being evaluated).
- **Number of students using services:** FY24 had **1129**, which is a **1.14% decrease** from FY23 and represents the highest number of students using services at CAPS.
 - **Number of clients on a suicide specific treatment protocol:** FY23 had **88**.
 - **Number of student athletes served:** FY24 had **48**, which is a decrease from 147 in FY23.
 - **Number of WSU Tech students served:** FY24 had **53**.

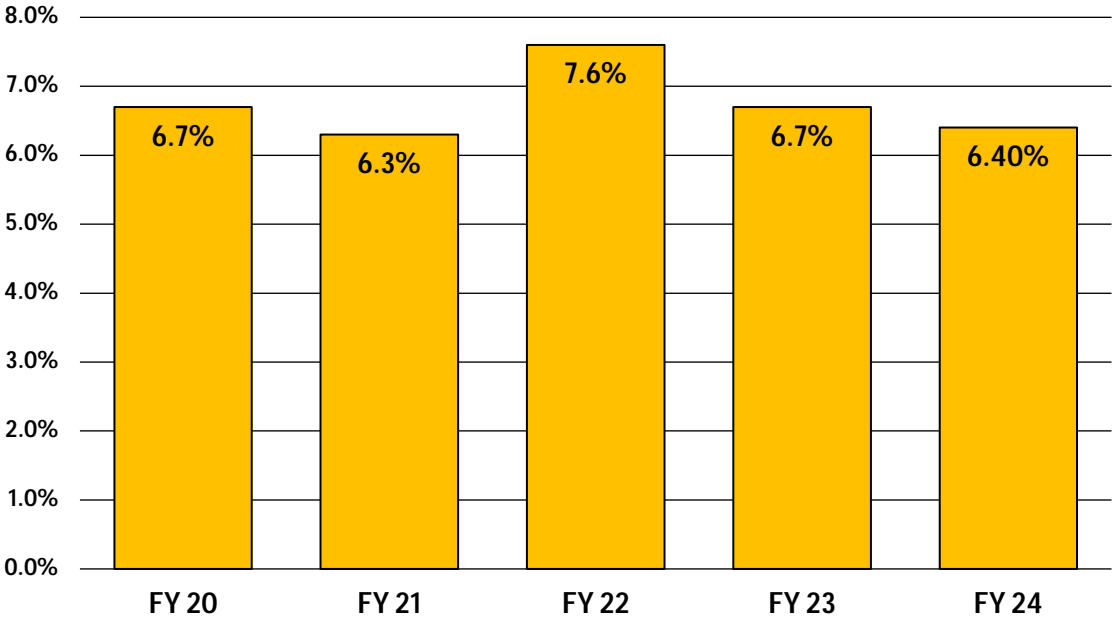
Clinical Training/Applied Learning

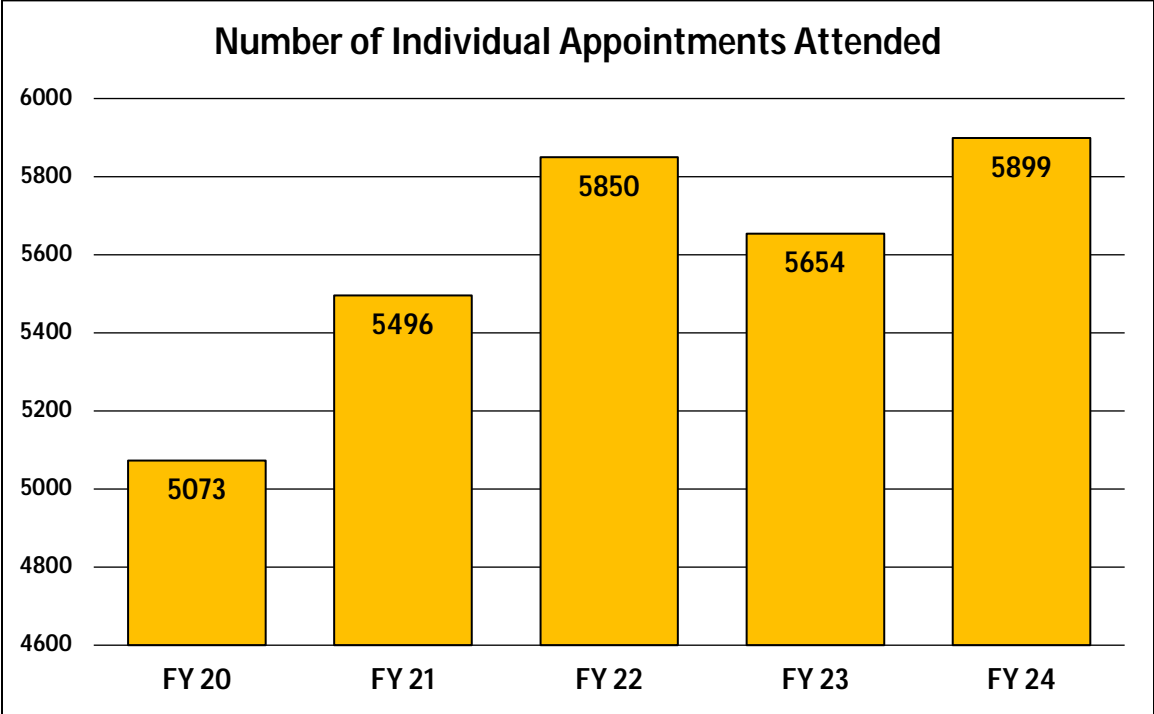
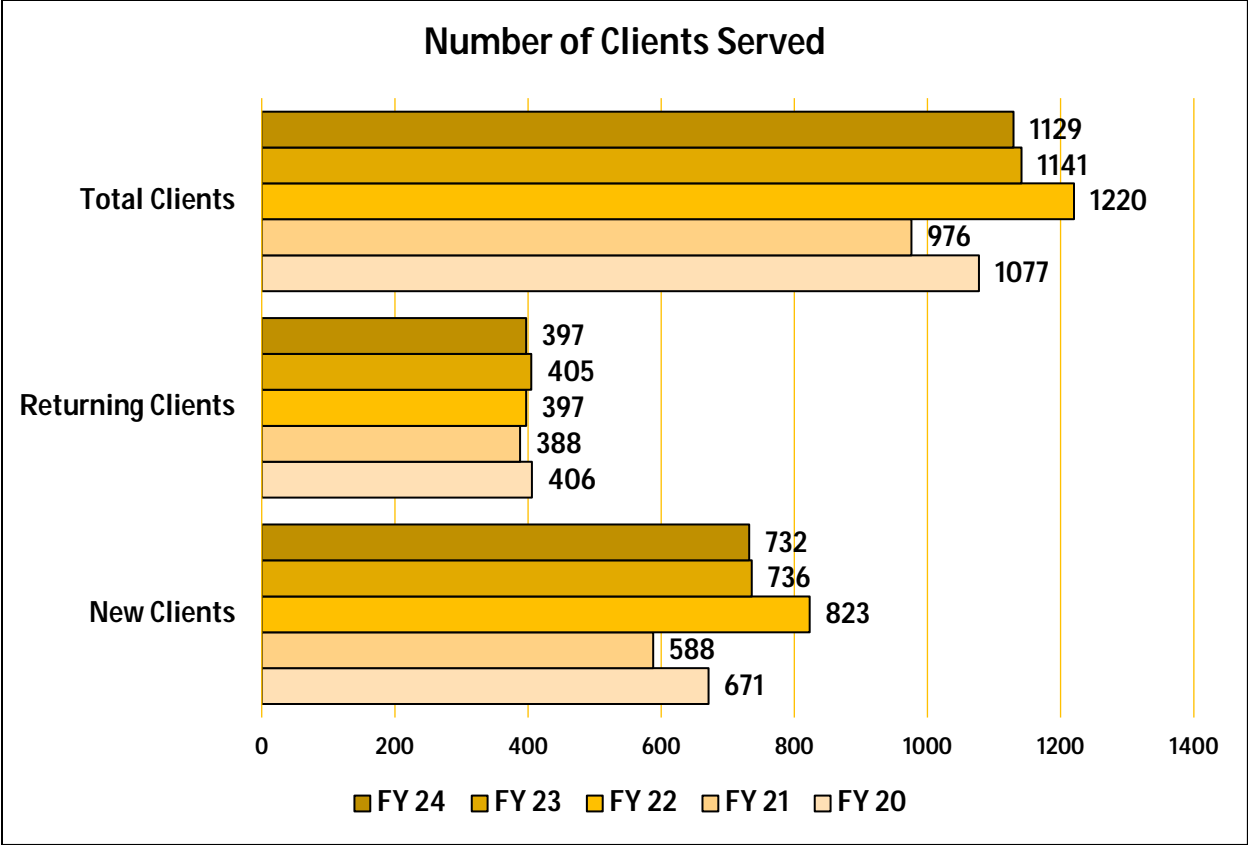
- CAPS continues to expand its program and has added a program manager position at WSU, and dedicated funding for the program. During the 2023-2024 academic year, **12 of our clinicians were in dedicated training positions.**
- During the academic year, CAPS has been able to successfully accept and train new trainees. **Our trainees provided 2,312 hours of clinical services in FY24.**
- **CAPS has 13 dedicated training positions for FY24.**
 - 12

- o 75% of respondents indicated a positive experience at WSU because of CAPS.
 - o 94% of respondents indicated a positive experience with CAPS.
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- Global Satisfaction Scale (GSS) was administered to all students. **GSS for the spring 2024 had 13 responses.** The following table indicates the results of the GSS for the spring 2024.
 - o 92% of respondents felt a positive experience with CAPS.
 - o 77% of respondents indicated a positive experience with CAPS.

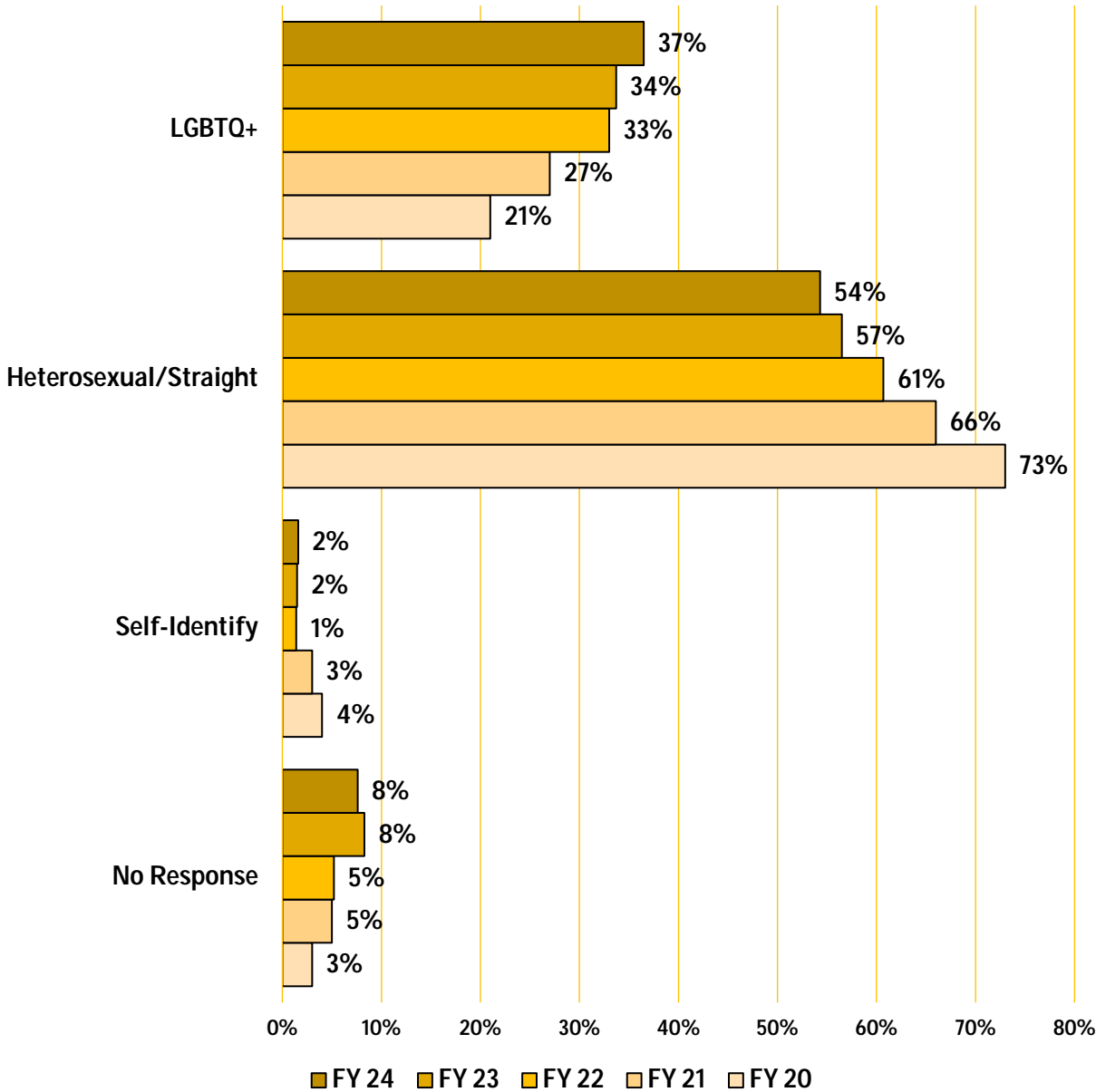
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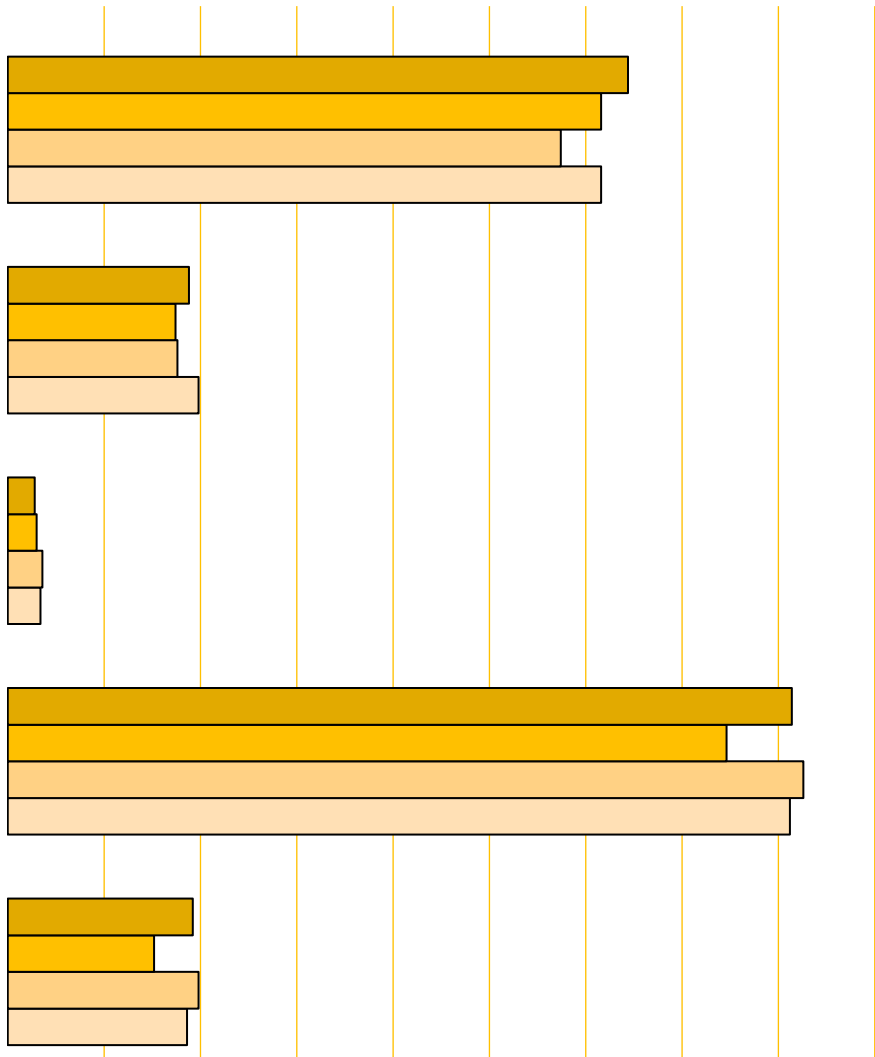
CAPS Past Five Fiscal Year Comparisons





Sexual Orientation Distribution (% of Clients)





1.3%.007 T -23.185 -1.1433 B 341.2001 Tc -2